

Find your voice



Voice is an important part of who we are.

It's the instrument through which we communicate and express ourselves — including how we convey our personalities and gender identities. For many transgender individuals, having a voice that corresponds with their gender identity can reduce stress and anxiety and assist in the transition process. We are offering a support group for the transgender community to find your most authentic voice.

Join our virtual support community to:

- learn about your vocal well-being
- practice voice techniques
- develop confidence in voice transition
- build a community and share experiences in a supportive space with others who are working toward similar goals.

When: 2nd Tuesday of each month, 7:00-8:00 pm EST

Ages: 13 and over

Cost: Free

Lead by:

Ramya Konnai, Ph.D. (She/her)
Speech Language Pathologist



For more information or to register:

Visit henryford.com/transvoice

Use the QR code,

Email FindYourVoice@hfhs.org

or call (248) 661-7241