

🔥💡 Igniting Innovation: *Aphasia Brag & Steal* 💡🔥

Strong, K., Gray, L., Johnson, B., McPharlin, C., Mezo, A., Moses, K., & Pollens, R.
Michigan Speech and Hearing Association Conference, 2024

Moderator: Robin Pollens

Resources: Strong & Glista (2017)

https://www.michiganspeechhearing.org/docs/Strong_Glista_MSHA_2017_Facing_Future_Together_LPAA_Michigan_final.pdf

Simmons-Mackie & Cherney (2018) [Aphasia in North America: Highlights of a White Paper - Archives of Physical Medicine and Rehabilitation](#)

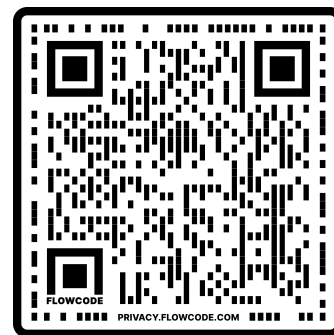
Topic 1: *Confident Reading Treatment*

Presenter: Allison Mezo

Resources: Confident Reading Treatment - Reference Sheet. This handout provides a step-by-step guide, goal/documentation samples.

Email for list of references:

allison.m.mezo@wmich.edu



and

Topic 2: *Rethinking How to Send a Message*

Presenter: Becca Johnson

Resources:

Accessible Information Guidelines

https://www.stroke.org.uk/sites/default/files/accessible_information_guidelines.pdf1_.pdf

Can Emojis Enhance Patient-Provider Communication?

<https://patientengagementhit.com/news/can-emojis-enhance-patient-provider-communication>

Topic 3: *Who's the Expert? Clients Who Teach and Clinicians Who Learn*

Presenter: Kait Moses

Resources: Hinckley, J. (2005) The piano lesson: An autoethnography about changing clinical paradigms in aphasia practice, *Aphasiology*, 19:8, 765-779, DOI: [10.1080/02687030544000092](https://doi.org/10.1080/02687030544000092)

Anderson, H., & Goolishian, H. (1992). The client is the expert: A not-knowing approach to therapy. In S. McNamee & K. J. Gergen (Eds.), *Therapy as social construction* (pp. 25–39). Sage Publications, Inc.

Topic 4: Getting Buy In: Educating and Engaging Family Members for Maximizing Therapy Outcomes

Presenter: Christie McPharlin

Resources: Barriers to Informational Support for Care Partners of People with Aphasia After Stroke (Shafer, Haley, Jacks 2023)

https://doi.org/10.1044/2023_AJSLP-22-00391

Basic Counseling Skills: Working with People with Aphasia and Their Families (Pompom 2021)

https://doi.org/10.1044/2021_PERSP-20-00298

Topic 5: Yes, You Can Do This! Tips and Tricks for Starting and Sustaining a Community Based Aphasia Support Group

Presenter: Katie A. Strong, Ph.D., CCC-SLP, Central Michigan University

Contact: sttron4ka@cmich.edu Social Media - @StrongStoryLab

Resources:

Support Group Leader Resources -

<https://www.stroke.org/en/help-and-support/support-group-leader-resources>

Support Group Finders -

American Heart Association - <https://www.stroke.org/en/stroke-support-group-finder>

National Aphasia Association - www.aphasia.org

ACTION STEP 1: You can also REGISTER your own support groups on these websites.

ACTION STEP 2: Ask your client or their family if you can help them sign up to receive information from the NAA so it will be in their inbox when they are ready to receive it.

Online Virtual Aphasia Communities

Aphasia Recovery Connection - <https://www.aphasiarecoveryconnection.org/> (also Facebook Group)

Virtual Connections for Aphasia - <https://virtualconnections.aphasia.com/>

ACTION STEP 3: Ask your client or their family if you can help them sign up to receive information from these groups.

Additional Resources

Aphasia Community - Resources for Aphasia Groups

<https://aphasia.community/resources/resources-for-aphasia-groups> Includes a free downloadable manual for InterD-CAG program and other resources for starting support groups and communicating with people who have aphasia. Also links to educational videos.

Levy et al. (2022). Designing and implementing a community aphasia group: An illustrative case study of the Aphasia Group of Middle Tennessee. Perspectives of the ASHA Special Interest Groups 7(5), 1-11. https://doi.org/10.1044/2022_PERSP-22-00006 (This open access journal has AMAZING aphasia friendly resources supplemental resources)

Topic 6: Holding a Gentle Space: Mindfulness-Based Support for Aphasia

Presenter: Lori Gray

Resources:

Gray, L. (2020). Living the Full Catastrophe: A Mindfulness-Based Program to Support Recovery from Stroke. <https://www.mdpi.com/2227-9032/8/4/498>

Gray, L. (2024, poster presentation) A Mindfulness-Based Protocol for Recovery from Stroke (MBRfS): A pilot study. Please email for PDF at lori.gray@wmich.edu

Pieri, M., Grealy, M., Lawrence, M., Lowit, A., & Pearl, G. (2023). *HEADS: UP Aphasia: co-creating a mindfulness based stress reduction self-management intervention for people with post-stroke aphasia*. Poster session presented at 17th UK Stroke Forum, Liverpool, United Kingdom.