Identity is developed through language-based narratives.

Aphasia/and or TBI alters language and identity.

Healthy adjustment to living with TBI and/or aphasia.

Co-construction: A collaborative act of assembling a story together through utilizing pictures, video, talking and/or written format with guidance, feedback, understanding and compassion.

Identity is “Who we are, where we are coming from, and where we are going.”

Personal Narrative: A way for people to begin to put their lives together by reconstructing the past and imagining the future as an ongoing narrative that depicts who they were, are and will be.

Role of the SLP in Narrative Construction

- Primary role in narrative construction
  - Work with clients to overcome cognitive-linguistic and psychosocial deficits
    - Incorporate learned strategies into real life situations
  - Help client integrate into communities and live meaningful and fulfilling lives
    - Aid in the connection between the past, present, and future
    - Support development of identity of the NEW person
    - Assist with awareness and acceptance of differences now and future planning

Health professionals may play important role in using narratives to support identity.

---

Rehabilitation Stories: Building Communicative Competence

Katie Strong, Ph.D., CCC-SLP
Central Michigan University

Linda Wells, M.A., CCC-SLP, CBIST
AND
Juliane Brinkman, M.A., CCC-SLP, CBIS
Origami Brain Injury Rehabilitation Center

Identity is developed through language-based narratives.

Aphasia/and or TBI alters language and identity.

Healthy adjustment to living with TBI and/or aphasia.

Co-construction: A collaborative act of assembling a story together through utilizing pictures, video, talking and/or written format with guidance, feedback, understanding and compassion.

Role of the SLP in Narrative Construction

- Primary role in narrative construction
  - Work with clients to overcome cognitive-linguistic and psychosocial deficits
    - Incorporate learned strategies into real life situations
  - Help client integrate into communities and live meaningful and fulfilling lives
    - Aid in the connection between the past, present, and future
    - Support development of identity of the NEW person
    - Assist with awareness and acceptance of differences now and future planning

---
Skills of the SLP

- Ability to go beyond traditional therapeutic constraints
  - Willingness to explore experiences from client’s perspective
  - Willingness to set aside time for dialogue involving listening and reflection with the client
  - Asking open-ended questions/allowing clients to tell stories in their own words
  - Ability to explore the interpretation of experiences and their perceived meanings
- Ability to provide feedback in a variety of ways
- Caution to not misinterpret the client’s narrative
  - SLPs should give the client the opportunity to tell the story in their own words

Implementing the Narrative in Treatment

- Phenomenological Approach
  - Remediate underlying impairments and improve functional outcomes
  - Address client’s personal experience of their impairment and disabilities
- Importance of awareness and self-concept
- Four distinct themes in narratives (Fraas & Calvert, 2009):
  - Need for social support networks
  - Development of effective coping strategies
  - Acceptance of a “new self”
  - Engagement in activities that establish a sense of empowerment
Skills Addressed in Narrative Construction

- Articulation/Intelligibility
- Word Finding
- Thought generation and organization
  - Verbal and Written Expression
  - Sequencing of Organization
- Social Communication
  - Topic appropriateness
  - Understanding others’ viewpoint
- Cognition
  - Initiation
  - Attention
  - Memory
  - Planning
  - Organization
  - Reasoning
  - Executive functions
  - Verbal Expression
- Functional Applications
  - Improve communication abilities with friends and families
  - Improve use of compensatory strategies for any of the skills listed earlier
  - Increase awareness of deficits and progress made in treatment
  - Improve ability to initiate and follow through with tasks, meet deadlines, plan and execute a task
  - Engagement in activities that establish a sense of empowerment

___________________________________________________________________
___________________________________________________________________
___________________________________________________________________
___________________________________________________________________
___________________________________________________________________
___________________________________________________________________

Documentation and Billing

Treatment codes

- 92507 – Individual treatment of speech, language, voice, communication, and/or auditory processing (1 unit)
- 97127- Cognitive Perceptual Training (1 unit)
- G0515- Cognitive Perceptual Training, Medicare (15 minutes/unit)

Payer sources

- Medical (BCBS, PHP, BCN, etc.)
  - Often will not cover ‘Cognitive’ therapy. Need to bill 92507 and all documentation needs to be geared toward goals for speech and language
  - Medicare requires G0515
- Auto Insurance
  - Will cover ‘cognitive’ therapy; i.e. memory, organization, reasoning
Story Construction Activity

Choose one of the following and take 5-minutes to write a response based on the scenario. Your response is voluntary and confidential. We will share a few stories.

Turning Point

In looking back over your life, it may be possible to identify certain key moments that stand out as turning points -- episodes that marked an important change in you or your life story. Please identify a particular episode in your life story that you now see as a turning point in your life. If you cannot identify a key turning point that stands out clearly, please describe some event in your life wherein you went through an important change of some kind. Again, for this event please describe what happened, where and when, who was involved, and what you were thinking and feeling. Also, please say a word or two about what you think this event says about you as a person or about your life.

The Next Chapter

Your life story includes key chapters and scenes from your past, as you have described them, and it also includes how you see or imagine your future. Please describe what you see to be the next chapter in your life story. What is going to come next in your life story?
REFERENCES


