Session #:
Day/Time: Saturday, August 1, 2020. 10:45am-12:45pm
Title: Interdisciplinary Collaboration of the Transgender Client: Bridging Voice Therapy with Medical and
Authors: Silbergleit AK, Shill JE, Garcia-Rodriguez L

Instruction/overview of learning outcomes:

1. Describe a hierarchy of voice therapy techniques for transgender clients.
2. Understand the purpose and side effects of hormone replacement therapy.
3. Discuss advantages and risks to laryngeal surgery for pitch adjustment in transgender clients.

Defining and discussion of concepts:

Definitions of Transgender
Hormone replacement as it relates to voice
Vocal function exercises
Resonatory Voice Therapy
Phone apps for visual and auditory feedback and client practice
Risks and benefits to surgical options for pitch adjustment

Developing goals-exercise:

1. Educate SLP on best practices of voice evaluation and treatment techniques in trans gender and gender non-conforming clients.
2. To educate the SLP on hormone therapy risks and benefits and surgery effecting pitch and head and neck appearance
3. To highlight the benefits of interdisciplinary collaboration for treatment.

How to use concepts in day to day work:

1. Understand clients' health condition during transition.
2. Perform voice evaluation and provide treatment options during voice therapy
3. Work with phone apps with client to improve self-awareness of voice changes
4. Discuss potential voice changes post vocal fold surgery with clients.

Summary:

This session will focus on interdisciplinary collaboration in the care of the transgender client. Video and audio recordings will be used to demonstrate voice therapy techniques to provide clinicians with greater understanding of how to manage the transgender client for vocal success. Laryngeal and facial surgery photos will be presented to enhance the talk.

Questions and Answers:

Notes: