Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP

NANCY R. KAUFMAN, MA, CCC-SLP
Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment
West Bloomfield, MI 248-737-3430
kidspeech.com • nancy@kidspeech.com

Disclosure

Nancy R. Kaufman, MA, CCC-SLP is the owner of the Kaufman Children's Center for Speech, Language, Sensory-Motor, & Social Connections, Inc. Nancy has developed a speech praxis treatment program known as the Kaufman Speech to Language Protocol (K-SLP). She is the author of the K-SLP Treatment Kits for Children, the K-SLP Workout Book, the Kaufman Mutt Family Total Language Builder, the What’s In Your Doghouse? Therapy game, the K-SLP Instructional DVD, and the Kaufman Speech Praxis Test. Nancy is the co-author, with Tamara S. Kasper, MS, CCC-SLP, BCBA, of the K&K Sign to Talk Nouns & Verbs programs. She benefits from the sales of these products, published by Northern Speech Services.

The Kaufman Speech to Language Protocol

A method of practicing syllable shape gestures and word approximations toward target vocabulary to be moved directly into functional expressive language.
Typical developing toddlers who are just learning to speak rarely begin to speak using whole words. For example, the word *bottle* might be produced as:

- ba
- baba
- bado
- bottle

Children who struggle to speak may be stuck on approximations much lower than their capability.

Continuously asking them to repeat whole words is setting them up for failure!

The K-SLP helps children who struggle to combine consonants and vowels to:

- Practice combining the consonants and vowels within their repertoire to form syllable shapes of VV, CV, CVC, CV1CV2, CVC, C1V1C2V2, etc. using real words.
- Practice simple nouns to spontaneously name them, developing vocabulary, and to eventually add a verb or an attribute for a two-word utterance (eat apple).
- Practice functional requests (mands): on, off, out, open, come, go, watch, don’t, help, etc.
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

The K-SLP helps children who struggle to combine consonants and vowels to:

• Practice successive approximations (simplifications of motor plans) toward favorites and high-frequency words for requesting and commenting.
• Practice pivot (carrier) phrases to implement for expressive language formulation.
• Practice building syntax, morphology, and general expressive formulation to social language development.

The K-SLP was established with roots in:

• Applied behavior analysis (ABA), and applied verbal behavior (AVB) in particular
• Phonology/phonological processes
• Acquired apraxia of speech (literature and research) especially the use of melody and gestures to facilitate communication
• Sensory integration and praxis
• Current neuroscience (Burns & Kaufman, 2013)
• Current research in childhood apraxia of speech, especially principles of motor learning

Applied verbal behavior and the K-SLP

Though ABA is known to teach skills to those with autism spectrum disorders, it has a far-reaching capacity to teach any skills/behaviors.

The behavior term in ABA is often associated with extinguishing negative behaviors that can be interfering to the learning and social process.
However, ABA principles are excellent and highly researched teaching strategies to establish or improve upon behaviors. In this case, the behaviors we wish to establish or improve upon are that of speech-motor and expressive language (and language processing/receptive language).

Applied verbal behavior (AVB) would be a more specific approach, especially when teaching the behavior of communication. Applied verbal behavior and the K-SLP

As SLPs, we would need an additional master’s degree to fully understand AVB, with many hours of supervised instruction. Though this would be a wonderful idea, it would not be feasible for most of us. Therefore, a general understanding of some teaching strategies of ABA, and specifically verbal behavior (AVB) would help us to be better clinicians.

Here are 8 AVB teaching strategies to implement for CAS (or other speech and language behaviors).

8 AVB teaching strategies for CAS

1. Pairing & establishing motivation
2. Defining the behavior & data collection
3. Implementing shaping techniques
4. Errorless teaching
5. Implementing and fading cues
6. Differential reinforcement and error correction
7. Practice schedules for the new behavior
8. Practicing new skills in the natural environment (coaching parents)
Pairing & establishing motivation

We should never underestimate the power of motivation!

- Determine the child’s highly preferred toys, activities, themes, characters, places (or foods/drinks if unmotivated by the others), and have them readily available.
- Obtain a favorites list from parents and caregivers.
- If the child has unusual interests, ensure they are available (examples: surgical gloves, eyeglasses, phones).

Pair yourself

- Pair yourself with the child’s highly preferred items and activities by being “the Giver of Good Things.”
- Give those items or provide those activities freely without expectation of performance.
- Gradually begin to ask for a simple performance task, such as a gross-motor imitation, or placing a puzzle in one available opening.
- If the child understands the task of imitation, attempt to gain simple gross-motor movements or simple vowels/consonants.

Pair items & activities

- Pair the child’s highly preferred items and activities with therapy materials or stimulus items.
- When they come out, so do their favorites.
Teaching Strategy 2: Defining the behavior

- Define the behavior to be established, improved upon, or extinguished and replaced
- In CAS, the initial behavior is that of speech-motor planning and programming and eventually expressive language development
- This is done through testing and observation

Definition of CAS per the American Speech Language Hearing Association's (ASHA) Ad Hoc Committee on CAS (2007):

Childhood apraxia of speech (CAS) is a neurological childhood (pediatric) speech sound disorder in which the precision and consistency of movements underlying speech are impaired in the absence of neuromuscular deficits (abnormal reflexes, abnormal tone). CAS may occur as a result of known neurological impairment, in association with complex neurobehavioral disorders of known or unknown origin, or as an idiopathic neurogenic speech sound disorder. The core impairment in planning and/or programming spatiotemporal parameters of movement sequences results in errors in speech sound production and prosody.

Childhood apraxia of speech can and often does co-exist with other speech and language challenges. We need to consider the nature of the primary interfering factor to successful vocal language development.
### Signs & symptoms of apraxia of speech

- Limited repertoire of vowels; less differentiation between vowel productions; and vowel errors, especially distortions.
- Variability of errors (inconsistent errors on repeated trials).
- Unusual, idiosyncratic error patterns (sometimes defying transcription).
- Errors increase with length or complexity of utterances, such as in multi-syllabic or phonetically challenging words.

---

- Depending on level of severity, a child may be able to accurately produce the target utterance in one context but is unable to produce the same target accurately in a different context.
- More difficulty with volitional, self-initiated utterances as compared to over-learned, automatic, or modeled utterances.
- Impaired rate/accuracy on diadochokinetic tasks (alternating movement accuracy or maximum repetition rate of same sequences such as /pa/, /pa/, /pa/ and multiple phoneme sequences such as “puh tuh kuh”)

*Differential Diagnosis of Children with Suspected Childhood Apraxia of Speech.*

(Murray, McCabe, Heard, & Ballard, 2015)

- Disturbances of prosody including overall slow rate; timing deficits in duration of sounds and pauses between and within syllables contributing to the perception of excess and/or equal stress, “choppy” and monotone speech.
- At some point in time, groping or observable physical struggle for articulatory position may be observed (possibly not present on evaluation, but observable at some point in treatment).
- May also demonstrate impaired volitional non-speech movements (oral apraxia).
The Kaufman Speech Praxis Test (K-SPT)

The Kaufman Speech Praxis Test is a test that provides us with information about what vowels, consonants, and syllable shapes are within the child’s repertoire, and if core CAS characteristics are observed in the child’s responses. Observation would provide us with speech and language behaviors that may be idiosyncratic or habituated that would need to be extinguished and replaced.

Published: Wayne State University Press, 1995

Using the Kaufman Speech Praxis Test for Children (KSPT), we can determine at what level a child’s speech-motor skills are compromised, and we can target those levels in treatment.

The KSPT hierarchy includes the following:

I. Gross oral-motor movements

II. Simple Level
1. Isolated vowels – /a, e, o, i, a, u, i/
2. Vowel to vowel movement /ai, ou, ei, au, oi/ (diphthongs)
3. C Simple – /m, b, p, t, d, n, h/
4. CVVC (reduplicated syllables) – mama, papa, dada
5. VCV – opo, ah-po, oh-bow
6. CV – da, me, bay, do
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

7. CV1CV2 (repetitive consonants with vowel change) – mommy, daddy, puppy
8. CVC (assimilated initial and final consonants) – pop, mom, bib
9. CVC CVC (initial and final consonant inclusion) – man, home
10. C1V1C2V2 (simple bisyllabics) – happy, tummy, bunny
11. CVCVCV (simple polysyllabics) – banana, potato, tomato

III. Complex Level
1. Complex C – /k, g, f, s, z, l, r, w, v, j, ð, t, ð, d, ð, ñ, ñ/ 
2. CVC CVC – complex initial and final consonant inclusion
3. Complex bisyllabics – candle, chicken, machine
4. Consonant blends – /r, s, l / 
5. F → b (t, d → k, g) and b → f (k, g → t, d) words (alveolar to velar and velar to alveolar)
6. Length and complexity words: win, window, windowsill

IV. Spontaneous Length & Complexity

Alex – evaluation (age 3.11)
Alex – summary

- Gross oral movement intact
- Aware of moisture around mouth
- “Mommy” verbal perseveration (getting stuck on an automatic word)
- Overgeneralization of “y” endings when asked to imitate CVCV syllable shapes (baby, puppy, mommy, daddy)
  *This is why it is important to mix and vary our tasks

- Deliberate production (evidence of early prosody issues)
- Needs bombardment cues for simple CV for accuracy
- Oral groping to maintain positioning
- Voicing errors
- Can produce /e/ and /i/ but cannot combine into diphthong /eɪ/ as in “day”
- VCV assimilation
- Disintegration with extended syllabic length

- Receptive language more advanced than expressive.
- Stimulable for reducing cues to oral postures.
- Distorted vowels in connected speech.
- Appears to be aware of his errors.
Tommy – KSPT evaluation (age 4.10)

Gross oral motor skills are generally intact.
Additions (initial consonants prior to some isolated vowels, adding a /h/).
Diphthong reductions /αι/ as in boy.
Can produce simple consonants accurately (tense vowels are accurate, just have prevocalic additions) but struggles to combine these movements.

Tommy – summary

- Gross oral motor skills are generally intact.
- Additions (initial consonants prior to some isolated vowels, adding a /h/).
- Diphthong reductions /αι/ as in boy.
- Can produce simple consonants accurately (tense vowels are accurate, just have prevocalic additions) but struggles to combine these movements.

- Vowel inaccuracies in context
- Devoicing /b/ /z/
- Voicing initial /t/
- Deletion of initial consonants
- Deletion final consonants (inconsistent)
- Deletion medial consonants
- Replacements of medial and final consonants
- Some initial /h/ words intact
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

- Narrow repertoire of complex consonants in isolation
- Inaccuracy of complex consonants
- Inconsistency on repeated trials
- Has some auto words intact
- Verbal motor perseveration (gets stuck on a previously successful word, *hot/hop*)
- Difficulty with syllable length (even with CVC
- Unintelligible length of utterance

- Unusual phonological processes (devoicing, nasal replacements, initial consonant deletion)
- Receptive language superior to his speech-motor and expressive language skills

Tommy – progress & coaching mom
Candidates for the K‐SLP

- Children who can produce consonants and vowels but struggle to combine them.
- Children who struggle to maintain articulatory accuracy when combining consonants and vowels in connected speech.
- Children who understand the task and can imitate vocal/verbal behavior.

Shaping (B.F. Skinner)

Shaping is a method of training a behavior by which successive approximations toward a target behavior are reinforced (Psychology Encyclopedia).

By understanding the basics of shaping, we can narrow down the behavior of speech into component parts (simplify the behavior or motor plan) and build it back up by using cues, fading cues, and implementing reinforcement strategically.

How do we simplify the motor plans of words?

We can implement natural phonological processes to help children simplify motor plans with best approximations...

A phonological process is defined as a simplifying device. It is the way that adult phonology is simplified, either linguistically or motorically, based on the principal of the least physiological effort. (Weiner, 1979)
We can simplify words for temporary functional language by teaching natural phonological processes

- Children who struggle to speak may not follow natural phonological processes to simplify their own speaking attempts.
- A child may simplify the motor plan of a word much lower than their motoric capability.
- If only accepting the child's approximation, they won't progress toward target words.

Exposure to good speech and language role models is not enough to help the child with CAS to succeed.

- Speech must be practiced to be mastered.

(Strand, 2005; Maas, 2008)

Shaping word approximations: Clinical implications

- The SLP can implement phonological processes as a method of simplifying the motor plan of words on a motor basis closer to the adult form of the word gaining closer approximations just short of failure to successfully imitate.
- Each word taught can be simplified by reducing clusters, deleting final consonants, voicing devoiced consonants... (natural phonological processes employed above the level of the child's best approximation considering stimulability and coarticulation). We can continue to assist the children toward the adult form of the word as we progress in therapy.
The ultimate goal is the ability to produce words perfectly.

Teaching successive approximations to simplify the motor plans of words

Teaching successive approximations of words is only implemented when the child is not stimulable to accurately produce consonants, vowels, or syllables within words that are important to the child’s communication.

Successive approximations are rooted in the behavioral process of SHAPING, original principles of B.F. Skinner from the 50’s and 60’s (Skinner, 1957).

Why teach approximations? (Rather than to simply accept the child’s attempt)

- When children are unable to accurately produce a sign, we often teach them an approximation as a temporary communication. This should hold true for speech as well.
- Think about how ANY motor skill is taught, such as how to play tennis or shoot a basket. Small steps are practiced until they can be coordinated into the entire skill.
- The child is likely capable of a better or closer approximation of a word than their own simplification.
Approximations give the child the opportunity to use a word they would otherwise may not have attempted.

The child may not be stimulable for the accuracy of a vowel, consonant, or syllable, no matter what techniques we have implemented. We therefore cannot afford to wait until the child is stimulable for production of a difficult phoneme to then work on words that contain them, especially for highly preferred item and activity vocabulary.

Word approximations are temporary and functional. As the child progresses through therapy, lesser approximations (motor plans) are replaced with higher approximations and ultimately perfection of words.

**Spaghetti**

- *ss*‐puh‐geh‐ti (segmenting syllables)
- puh‐geh‐tee (blend reduction)
- puh‐deh‐tee (fronting)
- buh‐deh‐dee (voicing)
- _deh‐dee (syllabic reduction)

**Example:**
- water = complex bisyllabic
- wa‐tuh = simple bisyllabic
- wa‐duh = voicing and vowel neutralization
- wa‐wa = reduplication
- wa = single syllable (CV)
- oo‐aw oo‐aw = simplify the movement within a diphthong
Teaching word approximations or simplifying the motor plan helps children who struggle to speak to practice first words without failure. The goal is to continuously move approximations toward perfection.

### Compensatory placements

**Simplifications for isolated consonants (child is not stimulable)**

- /t, d, n, l/ dentalize these consonants (tongue between teeth) as a more gross-motor and visible production
- /p, t, k, s/ or other voiceless consonants followed by vowels, allow erroneous voicing: /t = d/ /p = b/ /k = g/ /s = z/ etc.
- /k, g/ (initial and medial) replace with /t, d/ fronting: cut = tut
- /l/ (initial and medial) replace with /w/ or /j/: look = wook
- /l/ (final) replace with /ou/: bubbo/bubble

Once the child is stimulable for each vowel and consonant, extinguish the compensatory placement and replace with the accurate phonemes.
More tips to choose successive word approximations toward target vocabulary

- Segment away final consonants if influencing an error on the initial consonant. This should be done without a vocal break, if possible. Prolong the vowel or use melody to avoid the break.
- Avoid the addition of a schwa vowel, post final consonant.

- After emphasizing syllables to correct errors (making them louder), ensure that appropriate stress patterns are then practiced. (happy for acquisition to happy for retention)
- Continue to focus upon consonants, vowels, and syllable shapes that are in error by replacing lesser approximations with higher approximations toward perfection.
- Implementing cues, and fading cues, as well as errorless teaching methods (cueing before failure) are paramount to the K-SLP methods.

Learn more

1. Evaluation and Treatment of Childhood Apraxia of Speech
   Available in two formats:
   - E-course (northernspeech.com)
   - K-SLP Instructional DVD (kidspeech.com/dvd)

2. Eight Behavioral Teaching Strategies For Treating Childhood Apraxia Of Speech (e-course, northernspeech.com)
Evidence-based practice

The Application of the K-SLP for CAS & ASD

- "Apraxia of Speech in Children and Adolescents: Applications of Neuroscience to Differential Diagnosis & Intervention." (Burns, 2011)
- "Bringing the Gap Between Speech and Language: Using Multimodal Treatment in a Child with Apraxia." (Tanner, Pitts, Kirk, Nakhla & Todorov, 2016)
- "Effect of Tutor-Modeled Successive Approximations Versus Tutor-Modeled Adult Forms to Improve Topography of Tacts." (Eldridge, Kasper & Goodwin, 2006)
- "Improving the Speech Production of Children with Autism." (Sweeney-Kerwin, Carbone, 2006)
- "Improving Vocal-Verbal Behavior Via Tutor-Modeled Successive Approximations." (Kasper & Goodwin, 2003)
- "Intensive CAS Summer Program: Boost or Bust?" (Nancarrow, Kaufman, & Ficker, 2013)
- "Treating Childhood Apraxia of Speech with the Kaufman Speech to Language Protocol: A Phase I Pilot Study." (Gormez, McGuire, Jakubovski, & Pantale, 2014)

Hundreds of hours of video recordings demonstrating the K-SLP teachings, progress, and retention

- Nearly 40 years of clinical experience!

Kaufman Speech to Language Kits:
Basic level (Kit 1) & advanced level (Kit 2)

- The K-SLP kits provide us with stimulus pictures which are practiced through successive approximations toward perfect target vocabulary.
- **KIT 1** follows the simple syllable shapes with the earliest and easiest consonant-vowel combinations. It includes /m, b, p, t, d, n, h, w/ with vowels to form simple syllable shapes which constitute whole words.
• KIT 2 helps with more complex consonant and vowel combinations and to work more specifically on phoneme synthesis (consonants that are produced accurately in isolation through replaced or deleted in connected speech).

About the use of the K-SLP kit pictures...

The K-SLP kits and Sign to Talk pictures are just one easy way to provide stimulus items rapidly for practice!

Yes! Objects and natural environment training are ultimately how to practice and retain functional skills.

But, pictures are initially more easily accessible and allow us to choose stimulus items efficiently.
• In addition to the use of pictures initially, there is always the element of play, and the words associated with the reinforcing toys and activities!

• The approximations on the backs of K-SLP kits are only meant to be suggestions and follow typical phonological development.

• Approximations are determined on the basis of what vowels and consonants are within a child’s repertoire.

• They are simplifications of the motor plans of words or compensatory placements for difficult phonemes.

• If you are only using the kit pictures during a session, you are not implementing the K-SLP the way it is intended!

• Parents and caregivers should not be using kit pictures for home practice unless they are advised by their SLP as to best approximations and cues for that particular child, and that the pictures are paired with a highly preferred toy or activity!

**Single-word list 1:**

*Syllable shapes practice words*

Syllable shapes for speech-motor coordination/planning (Kit 1) CVCV, CV, VCV, CV1CV2, C1V1C2V2, etc.

For those with a limited vowel and consonant repertoire. Make a list of the vowels and consonants at the top of your page. Pull them down into simple words. Have visual references of the words.
Single-word list 2: Simple common nouns

Common nouns of different categories that lend themselves to the ability to then name their function, or add an attribute (round, red, cold, etc.)

- bubbles (blow, round)
- apple (eat, red)
- water (drink, cold, hot)
- ball (throw, kick, bounce)
- shoes (put on, wear)
- bike (ride)

Single-word list 3: Functional manding words

These are functional words which serve to manipulate the environment. They can be paired with a gesture. They are often referred to as power words.

- open
- eat
- don’t
- that/dat
- dada
- on
- up
- catch
- go
- watch
- off
- down
- here
- draw
- look
- in
- yes
- there/deh
- come
- read
- out
- no
- this/dis
- mama

Very often, the first words or signs SLPs and parents tend to teach are:

- more
- want
- please
- help
- (all) done
- again

Although initially effective, they begin to lose their power.
Less-effective single-word mands (requests)

- more
- want
- please
- help
- all done
- again

Unless they are a pivot word in a two-word phrase. Why?

- Once these words are taught, there may be less motivation to learn additional vocabulary.
- The child may only learn that when using these single words, good things will probably happen.

Single-word list 4: Favorites for manding words

- List of favorite foods, drinks, toys, activities, places, people and pets names, and favorite characters.
- If colors, letters, or numbers are of high interest, add them to the favorites list.
- This is where simplification of words is most necessary.

Single-word list 5: High-frequency words

- These are words that are often said but don’t fit the other categories, such as:
  - please
  - thank you
  - got
  - have
  - bye
  - awesome
  - hi
  - wow
- Descriptive words such as colors, numbers, size and shape.
- Small linking words: articles or auxiliary verbs such as a, an, the, is, to, are, was.
Teach single words across all operants

**Listener Responding (LR) = Receptive Language**
- Show me an apple
- Show me something we eat
- Show me the stem of the apple
- Show me a fruit

**Echoic = Vocal imitation**
- Say apple.

**Tact = Label**
- Name this: apple
- Or a fill-in-the-blank with a picture or object

**Mand = request**
- Saying the word to gain access to it

**Intraverbal = fill-ins, answering questions**
- *Something we eat is an _____.* (no visual referent)
- What is the fruit that grows on trees?

**Literacy**
- *Which word says apple* (point to response)
- *What does this word say?* (apple)

Tips for establishing first words vocabulary

A. Get the **consonant vowel patterns** the child has spontaneously, upon imitation.
B. Make the consonants or vowels more **gross-motor and visible** by exaggerating them – dentalizing /t, d, n, l/ or gutteral, open mouthed /k/
C. Use the **pictures in Kit 1** for establishing easy syllable shape gestures and for best word approximations to then become a visual referent for eventual spontaneous naming
Tips for establishing first words vocabulary

D. Use consonants and/or vowels that are already in the child’s repertoire to form early vocabulary.

E. Reduplication is an early process and also does not include final consonants. If the child only produces a single syllable, bombard with more than two, and they might produce two:

- mama dada papa moomoo baabaa
- hoohoo booboo byeyye wawa nono

F. Final consonants are difficult. Choose words that do not have final consonants:

(CV patterns from Kit 1):
- me hi bye dough two bee
- tea pea nonew now

CVCV, VCV, CV.CV, and C.CV1CV2 also do not have final consonants. We can achieve a great deal of progress before even moving toward final consonant inclusion.

G. Initial consonants may be difficult, so choose words without them:

(VC patterns from Kit 1):
- up on in out
- oat eat ouch arm
H. **Assimilation** is an easy simplification of many CVC or two-syllable words with bilabial to bilabial or tip alveolar to tip alveolar, so choose words like:

- pop
- pup
- boom
- knot
- puppy
- whoa
- mom
- toot
- mob
- dot
- peppy
- wow
- bib
- mop
- tin
- den
- dirty
- whoa
- dad
- map
- tan
- teddy
- nutty

I. It is easier to voice in the initial and medial positions and to devoice in the final position. So choose words that start with /b,d,g/ and end with /p,t,k/ (when in Kit 1)

J. Tense vowels and diphthongs are difficult especially if the child cannot produce /i/ as in eat or /u/ as in boo. We can neutralize these vowels in a word to help the child produce a word approximation.

- **Tense vowels:** Can be replaced with:
  - /u/ as in boo
  - /u/ as in book
  - /i/ as in eat
  - /i/ as in bit

K. Consider co-articulation

- /t, d/ co-articulate best with /i/ as in tea or deep
- /k, g/ co-articulate best with neutral vowels such as /ʌ, θ/ as in cup, come, gum, and gut or /ɑ/ as in cob, cot, or gob.
- /m, p, b/ co-articulate best with /ʌ, θ/ or /ɑ/
L. Voiced, nasal continuants may be the easiest initial consonants to target as they can be prolonged before the vowel:
   • /m/
   • /n/

M. To help with initial consonant inclusion, keep the initial consonant paired with the vowel, prolong the vowel, and segment away the final consonant by just a little bit.
   • If boot = doot, try boo-t

N. If both the initial and final consonants are voiceless consonants such as /p, t, k/ practice them without the vowel in the middle.

Baeden – first words
Here is a young child (age 2 years, 3 months) who has characteristics of CAS but no formal diagnosis.

The goal of starting the K-SLP is to gain imitation of vowels, consonants, or syllable shapes, and make it fun while continuing to evaluate for CAS.

* As you can see, no pictures are necessary.
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

Hannah – favorites

Four levels of charting syllable-shape goals
1. Imitation plus cues (auditory, visual and tactile if necessary)
2. Imitation only with minimal cues (visual only)
3. Spontaneous with minimal cues (visual only, such as oral postural or gestural)
4. Spontaneous

Setting Individual Education Planning (IEP) goals
Example: The child will be able to produce simple bisyllabics in such words as happy, bunny, tuna with (90%) accuracy.
Sub goals:
   a. Upon imitation with cues
   b. Upon imitation with minimal cues (visual only)
   c. Spontaneously with minimal cues(visual only)
   d. Spontaneously
Errorless teaching/learning

Errorless teaching (or errorless learning) is a method of cueing before failure. The technique helps children to emit successful responses on a given goal. There is an immediate prompt or cue that prevents the child from emitting a mistake or error, and thus helps them to practice correct responses rather than errors.

Children will be more inclined to cooperate with errorless teaching.

Implement cues

While establishing a "core" vocabulary, cues will be necessary to remind the child of a new motor sequence for each word (picture). Use as many cues as necessary for the child to reach his/her best word approximation (or whole word), then reduce each cue systematically until the child can name the pictures spontaneously or mand for their favorites, using their best word approximation or whole target word.
1. **Explanation cues**
   - “bite your lip and blow” (for /s/)
   - “open your mouth” (for /k/ and /g/)

2. **Visual/tactile phonetic hand cues for VOWELS**
   (on or around the clinician’s own mouth)
3. Visual/tactile phonetic hand cues for SIMPLE CONSONANTS (on or around the clinician’s own mouth)

For /k/: Place your thumb underneath your chin and make the motion of pushing up (as in pushing up under the tongue) with an open mouth position.

For /g/: Cup your hand just under your chin around the neck.

For /ʃ/: Place your index finger across the lips vertically to make the “be quiet” signal (shhh) or pinch the lateral portion of the lips together (forcing the lips to pucker).

For /tʃ/: Place the thumb, forefinger, and middle finger above the upper lip.
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

- For /dʒ/: Place the thumb, middle finger, and forefinger below the lower lip.
- For /s/: Put teeth together and show them with opened lips while making the letter /s/ in the air.
- For voicing: Place your hand on your throat (as in “feeling” the vibration of the vocal folds).

You can always create your own hand signals as long as they are consistent for the child.

Carahaly, Speech-EZ
Kasper & Slim-Toptjian (2018)

4. Concurrent cues
Say the word together with the child.

5. Oral postural cues
Placing your own articulators visibly for the initial, medial, or final consonant without voicing.

6. First consonant or syllable cues
Say, whisper, or oral posture the first consonant or syllable of a word or subsequent words in a phrase sentence.

7. Contextual cues
- “Fill ins” to songs, books, and rhymes.
- Fill in the blank: “I drive the _______.”
- “The wheels on the _______.”
- “Twinkle twinkle, little _______.”

8. Touch cues
Physically touching your body or the child’s body for syllabic emphasis (knee to knee, hand to hand, etc.)
9. Alternate naming for verbal motor memory (breaking perseveration)
   Using two new word approximations and having the child name them, alternating between one and another. Often, the words may be similar, and triggers perseveration. Alternating naming between them with cues may help (butter and bunny).

10. Pivot syllables
   ny: bunny, money, honey, Barney, Winnie, Ernie, beanie
   ter: water, batter, meter, matter, Peter, butter
   die=/do/: puddle, needle, noodle, poodle, beetle
   ble: bubble, marble, table, hobble, pebble
   dy: muddy, body, Daddy, handy, candy, Heidi, Paddy
   ty: potty, party, beauty, nutty, putty, Betty
   * ty can be pronounced dy

11. Sign language/gestural cues
   Use signs or universal gestures (Rosenbek, 1984)
   Sign to Talk is a way to bridge sign language to vocal communication? (Kasper & Kaufman, 2009)

12. Written cues
   Highlighting errors so child can read cues.

13. Answer-first cues
   Give the answer first:
   “Look at her painting. What is she doing?”
14. Deletion of vowel in monosyllabic words
Moving from the initial consonant directly to the final consonant without the vowel, then adding the vowel back in.

15. Backward chaining on two and three-syllable words or "chunking" syllables
Imitating the last vowel or consonant-vowel of a word, and moving backward or forward little by little.
- cookie  ee  kee  uh-kee  cookie
- banana  nana  ba-nana

16. Pictoral cues
Real pictures or pictures which represent consonants, clock = t-t-t

17. Intensity
Presenting the target (errored) syllable louder in intensity than the other syllable.

18. Melody
Using pitch variation or a “sing song” quality to the stimulus target word. Melodic Intonation Therapy (Sparks, Helm & Albert, 1978 / Helm-Estabrooks & Morgan, 1989)

19. Auditory contrast cues
- Example: potty
- Child says, teetee
- Clinician should ask the child to produce their error again on imitation: Say, “teetee.”
- Now tell the child to say potty while emphasizing the first syllable louder and with a different pitch to draw child’s attention to the syllable in error.

20. Auditory bombardment cues
Say the syllable in error three times
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

21. Whisper cues
Whisper the word while the child is attempting it.

22. Automatic/familiar context as a bridge (using a context already in the child’s repertoire)
If the child cannot say the word down, have him say, dada (or a word that starts with /d/ that is easily in their repertoire) then have him say, down.

23. Phonics cues (sounds/letter association)
Show the alphabet letter for which the child has been taught the associated phonics.
Example: Show the letter S and the child knows to say sss.

24. Visual hand cues
Can be implemented for articles and auxiliary verbs: a, the, to, is

25. Breaking up diphthongs into component parts
- bike would be bah-eek
- name would be neh-eem
- home would be ho-oom
- house would be ha-oose
- boy would be bow-e
(Avoid making a vocal break by keeping voicing ongoing)

26. TalkTools™ (Rosenfeld-Johnson, TalkTools.com)

27. PROMPT system (Hayden)

28. Speech-EZ (Carahaly)

29. Easy Does It for Apraxia and Motor Planning (Drore & Chamberlain)

30. Bjorem Speech Sound Cues (Bjorem)

31. Phonetic Hand Cues (Kasper & Slim-Toptajan, 2018)
Fading cues

Cues are essential for initial support, but...
THEY NEED TO BE FADED.

The very last utterance achieved should be the child’s best approximation or whole word produced with the most minimal cues necessary, ideally with no cues at all...
spontaneous productions! And they should be repeated a few times as well.

Examples of fading cues

1. Concurrent: Say the whole word or phrase with the child.
2. Whisper: Whisper the whole word or phrase with the child.
3. Provide oral postural cues with gestures.
4. Provide gestures only.
5. Say, “use your words.”

Treatment is a collaborative effort!

The incredible progress you see is due to the team effort between myself and each child’s SLPs, parents, family members, and caregivers...as well as the child’s hard work!
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

Olivia – the K-SLP approach (age 6)

Olivia – progress (age 8)

Dietrich
Prosody

As defined by Amy Meredith, PhD. CCC-SLP (apraxia-kids.org)

“Prosody refers to intonation, stress pattern, loudness variations, pausing, and rhythm. We express prosody mainly by varying pitch, loudness, and duration. We also may use greater articulatory force to emphasize a word or phrase...”

In the K-SLP and any CAS therapy, second syllables or final sounds often need to be emphasized.
• In Jason’s case, he was making errors on second syllables.
• Once he was able to produce the simple bisyllabics such as, muddy, table, happy, it would be important to then change the emphasis to the first syllable where it belongs.
• So once he could say tummy, I should have gone back and had him produce those words with the proper syllable stress, tummy.
• As you can see on his progress video, his prosody issues are reduced, though could be improved.
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

Teaching Strategy 6 Differential reinforcement and error correction

• How reinforcement is provided also follows the principles of motor learning (Skinner, 1957; Cooper, Heron & Heward, 2007; Maas 2008)
• Have the child’s highly preferred toys and activities available and ready to use

Differential reinforcement and error correction

• The child’s highly preferred toys and activities might include an easel for painting, play dough, trampoline, spray bottles, swing, slime, shaving cream, to be used for reinforcement.
• These might also include foods (supplied by parents due to diets and allergies)
• Praise may be all the child needs, but again, let’s not underestimate the power of tangible reinforcement!

For young children, feedback may be about how much or how little reinforcement is offered.
For example, smaller amounts of food for smaller attempts at the task, larger for closer attempts or for gaining the target in full.
• For older children, feedback would be more explanation as to what was positive or negative regarding their attempt, and how to improve upon the desired target response.
**Error correction**

- Child makes an error (no reinforcement)
- Provide cues and support for successful utterance (give a small amount of reinforcement for that utterance)
- Ask again, with faded cues that will likely result in the desired utterance (give more reinforcement)
- Gain the utterance one or two more times (give full reinforcement)
- The reinforcement should reflect the level of independence

**Josie – first words & unusual reinforcers (age 4)**

**Josie – progress (age 7)**
Combining words

- Combining words for functional expressive language is another goal of the K-SLP. Expressive language tasks can be mixed in with speech-motor tasks.
- Help the child to combine words through pivot words and phrases, as well as telegraphic language structures, to include scripting functional language.
- Move ahead on expressive language (combining words), and back up on speech-motor (clarity).

Pivot words

Once the child has some consistent word approximations, add words for a two-word phrase, such as pivot words (words which remain constant):

- my _____
- open _____
- help _____
- want _____
- no _____
- on _____
- tie _____
- move _____
- more _____
- hi _____
- bye _____
- red _____
- big _____
- hold _____
- draw/paint _____
- tickle _____
- push _____
- take _____
- wash _____
- don’t _____
- eat _____

Add a person’s name before or after the phrase to engage them: Mommy open.
### Script functional language with three-word pivot phrases (or more)

- I want ________.
- I need ________.
- I want to ________.
- Can (may) I have ________?
- Let me ________.
- Put away ________.
- Put on ________.
- Take off ________.

- Pick up ________.
- Watch me ________.
- Draw a ________.
- Tickle my ________.
- Come ________ with me.
- Can I have a ________?
- Where is the ________?

---

### Sam – pivot phrases

Starting with “open,” later adding a word for a phrase

---

### Sam – progress

*with Nicole Devens, Carruth Center Houston, TX*
Telegraphic naming of function & action

Naming function of objects (S-V-O)
For each consistent word approximation or whole word, ask...“what do you do with a...ball?” Help the child to respond “I throw ball.” This may even be “/θ/ /9/ /b/ /l/,” each word being an approximation.

* For some children with autism spectrum disorders we would not work on naming function because it would not necessarily be a bridge to the use of this structure.

Telegraphic naming of function & action

Naming action (S-V-O)
Present an action verb picture and ask the child “what is the boy doing?”
Pattern the response: “boy eat apple.”

* Age-appropriate syntax and morphology will be built-in later (pronouns, function words).

Kai – S-V-O action
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

Braden – S-V-O puzzle (age 4.9)

Alexine – re-scripting pivot phrases (age 3)

Alexine – progress (age 10)
Simple sequence stories for S-V-O structures

Present a simple 3–5 picture sequence story. Assist the child with an S-V-O response for each:

“Paddy wake up”  “Paddy go potty”
“Paddy wash hands”  “Paddy brush teeth”
“Paddy put on clothes”  “Paddy eat food”

Again, each word of the S-V-O pattern may still have to be an approximation.

Move ahead on expressive language while always working on extinguishing lower approximations and replacing with higher approximations toward perfect articulation.
Scripting functional language

Example: The child turns the doorknob and is unable to open the door.
Say: "Do you want me to open the door?"
(use the answer words within your question)
Get best approximation for yes
Say: "Tell me you want to open the door."
Help the child to say: "opuh do" or "i wa o-puh" or "o-puh peer" or "o"
(open door) (I want open) (open please) (open)
* Eventually fade cues

Helpful tips for scripting language

Avoid asking open-ended questions such as:
• What do you want?
• What do you want to do?
• What happened?
• Can you use your words?
Instead...

• Try to anticipate what your child might like to say and put the answer in your question:
  Do you want to go outside?
  Tell me you want to go outside
  (the child hears the answer twice).

• Help the child to produce best approximations and word combinations for the answer.

Ethan – rescripting

Lizzie – syllable shapes
Refinement and integration  
(back up on specific phoneme synthesis)

Begin to back up on specific phoneme synthesis, word initial, medial, or final. Once a new phoneme is produced successfully in synthesis at the word level, you will extinguish a temporary phoneme or approximation with this new correct pattern.

Targeting speech & expressive language goals with the What’s in Your Doghouse? therapy tool

In advance of the game, know his goals:

- Final /s, z/ in plurals, auxiliary verbs (is, was) and possessive pronouns (his, hers), and in initial and final word positions (house, see)
- Velar to alveolar words (got, get)
- Initial /f/ (found)
When there is an absence of imitation skills:

Consider these materials:
- Rapid Motor Imitation Antecedent Training
- Sign to Talk (Kasper & Kaufman)
- Tamara Kasper’s e-course, “Progressive and Systematic Speech and Language Training for children on the Autism Spectrum” (northernspeech.com) provides the specifics about implementing the K-SLP with special populations like ASD.

Rapid Motor Imitation Training

- Rooted in the principles of ABA, but extensive applications with speech-language pathology
- Rapid Motor Imitation Antecedent (Tsouri, Paul, Simmons, Lewis, 2012)
- Focuses on establishing strong motor imitation skills (rapid, fluent and generalized) to improve attending, responding and behavioral momentum to get child imitating sounds and/or words to request preferred items.
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

Sign to Talk (Kasper & Kaufman, 2009, 2012)

A method to bridge sign language to vocal/verbal communication (especially in ASD)
The following is a brief, summarized description.
Sign to Talk takes a great deal of expertise and technique and is best done within an ABA verbal behavior program with the guidance of an SLP.
There is a full manual with the K&K Sign to Talk kits.

1. Follow the child’s lead and discover their highly preferred items and activities
2. While the child is showing motivation for the item or activity, playfully block them from obtaining it, and help to shape their hands to make the sign for it
3. Say the word for the object or activity three times (in a natural voice)
4. Deliver a small quantity of the item (if possible) or allow for short access to the activity
5. This may have to be done many times until your hands are coming toward the child to help them to sign and they produce the sign without help
6. We would then provide more of the item or activity (such as a bigger chunk of cookie or more time to jump on the trampoline)
7. Eventually, if the child never attempts the word they have heard paired with the sign, stop reinforcing the sign only – the child must vocalize with the sign
8. Shape the vocalization toward the word through successive approximations.

9. If the child does not vocalize, attempt Rapid Motor Imitation Antecedent Training.


Some children struggle to produce isolated vowels and consonants. A combination of the following may be helpful:

• Oral Placement Therapy (OPT)
  (To include Renee Roy Hill’s Apraxia Shapes)
• Tactile cues (PROMPT)
• Kaufman Speech to Language Protocol (K-SLP)

More information:

• K&K Sign to Talk: Shaping Verbal Language for Individuals with Autism and Other Developmental Challenges. (Kasper & Kaufman, 2009, 2011)
• Progressive and Systematic Speech and Language Training for Children on the Autism Spectrum. (Kasper, 2015)
• A Systematic Approach to Teaching Speech to Non-Vocal Individuals with Autism (Roy-Hill & Solomon)
• Rapid Motor Imitation Antecedent (Tsiouri, Paul, Simmons, Lewis, 2012)
Kerry Peterson, MA, CCC-SLP, BCBA

• Kerry is a speech-language pathologist, board-certified behavior analyst, and the director of autism programs at the Kaufman Children’s Center.

• Don’t miss her double mini-seminar at 1:30 PM today: “Establishing Vocal Communication for Those with Autism Spectrum Disorders.”

Practice schedules

• Understand how to provide feedback for retention to occur for those who understand language.
• Mix and vary tasks to avoid actually teaching over generalization.
• Understand the principles of motor learning.

Principles of motor learning teach us how to provide feedback so that:

• The child progresses rapidly in the acquisition stage of learning.
• The child retains the new motor (speech) skills.

More on motor learning principles:

“Demystifying the principles of motor learning in speech therapy.” (Maas, 2013 - webinar)

Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

The K-SLP & motor learning principles

- Providing timely, powerful, and strategic reinforcement or feedback is important when attempting to change any given behavior. This is a core principle of ABA.
- Feedback involves providing learners with information about their responses.
- Reinforcement affects the tendency to make a specific response again. Use reinforcement especially if the child does not easily understand language (highly preferred toys or activities/motivators).

Blocked practice is when a learner performs a single skill repetitiously.

Random practice is working on a number of difficult skills in combination with each other...

“So one’s cognitive system must adapt, rethink, and solve the problem of choosing and executing appropriate motor patterns.” (Dr. Allison Belger, athlete and PhD clinical psychologist)

It is important to move from blocked practice to mixing and varying tasks to avoid teaching over generalization!
Generally for ACQUISITION
- More frequent trials (mass practice)
- More frequent reinforcement (may have to reinforce for each utterance)
- Keep stimulus items in predictable and consistent order (easy targets) with small increments toward different targets
- Provide as many cues/supports as necessary for success

Generally for RETENTION
- Move to less frequent trials with more time in between (distributed practice)
- Less frequent reinforcement (more responses before reinforcement)
- Mix and vary stimulus items (less ordered, more random, unpredictable, mix easy and difficult)
- Minimal to no cues/support

**• Repetition is key for CAS.**

**• Gain as many responses as possible in a playful way with strategic reinforcement for retention skills.**

Edeel, Gildersleeve-Neumann (2011)
Strand (2005)
Burns & Kaufman (2013)

---

**Teaching Strategy 8 Practicing new skills in the natural environment & coaching parents**

- **NET = Natural Environment Teaching**
- Be aware of the skill areas that have been focused upon in structure.
- List some of the core vocabulary single words, syllable shape words, specific phoneme synthesis goals, pivot phrases, and cues.
- Practice these through play.
Kiara – Sea World toy

Home program suggestions

- Personalized notebooks/binders, iPad apps
- The Kaufman Speech to Language Protocol Workout Book (can be duplicated)
- The K-SLP Mutt Family Practice Puzzle
- Script functional single-word mands (requests) or pivot phrases
- Can use pictures, books, magnetics and real-life experiences

- Can use real photos to tell a story about a child’s experiences, example: going to the zoo. (“Pictello” iPad app works well for this.)
- iPad apps (see apraxia-kids.org)
Coaching parents & caregivers through play

- Start with making comments
- Ask questions with the answer embedded
- Script or re-script with cues and fading cues
- Slide back and forth between commenting (and being quiet) to questions
- Be fun, silly, and absurd

- Note in advance: speech & language goals
- Make notes and focus on these with allowing other errors go unnoticed
- Establish patterns: are/not, will/won’t, do/don’t, can/can’t, does/doesn’t or, why/because
- Possessives: She is wearing her dress.
  He is eating his cake.

Once children are able to first be responders, then to use vocal language functionally (pivot phrases), stop asking questions and simply make statements and...wait.

- Maybe the bunny wants to hop. I wonder if the zebra is hungry.
- Look, this lion is napping. Wow, this cat is licking the bowl!
- Hey, there are no hippos.
- Or, make an absurd comment like: I wonder what would happen if the dog climbed on the table.
- * The child will now enjoy opportunities to create language and to chime in spontaneously!
When we can anticipate what a child is trying to convey (through their non-verbal or unintelligible attempts):

- Help them to say it with their best single-word approximations, phrases, or full sentences!
- Don’t forget to fade your cues, or the children will simply wait for each word and not move ahead toward spontaneous speech and language skills!

Pivot phrase narratives can be done using real-life activities!

- Getting ready for school
- Getting ready for bed
- Setting or clearing the table
- Taking out toys, playing with them, and putting them away
- Going grocery shopping and also back at home: taking each item out of the bag and putting away
Script the language of:

• Games
• Playground
• School
• Holidays
• Birthday parties
• ...and more!

Sanders & the language of games

• All family members can play together, promoting turn taking and good sportsmanship.
• Scripting the language of games.
• Practicing the /g/ in go and the /n/ in no.
• Vowel accuracy.
• Scripting negatives.
Eighth Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

Common K-SLP therapy mistakes

- Continuously and tirelessly working on vocal imitation when it is unsuccessful (try rapid motor imitation antecedent training or sign language as a bridge).
- Not pairing yourself with pleasurable toys and activities.
- Bringing out Kit pictures without pairing them with pleasurable toys and activities.
- Using toys and materials that are not preferred by the child (but the SLP sure enjoys them!)

- Not providing pleasurable motivators for children who are usually compliant without them (or for older children) who could all use a motivator!
- Not providing timely reinforcement for those who may need a motivator after each response.
- Having the child practice random words that are not within the lists of syllable shapes, functional words, or list of favorites.
- Accepting the child’s approximation and moving on to another word without attempting to gain a better approximation, with continuous practice.

- Sticking only with Kit pictures and not moving ahead on other pertinent vocabulary lists or functional expressive language.
- Giving full imitation and cues and not moving them a step further to gaining the last response to be as spontaneous as possible, with continuous practice.
- Forgetting to fade cues or scripting each and every word without fading to initial consonant cues, whispers, oral postures or gestures.
- Adding a schwa “uh” after a final consonant.
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

- Forgetting to model correctly, but when helping the child to respond, gaining the best approximation.
- Promoting over generalization due to lack of mixing or varying tasks.
- Not gaining enough responses within a session for carryover to take place.
- Waiting for the child to have perfect articulation of a significant number of single words before assisting them to combine two and three-word phrases.

- Scripting too many words (or high levels of syntax and morphology) before the child is ready.
- Segmenting initial consonants. Should keep them paired (glued) to the vowel if possible.

MSHA Annual Conference • East Lansing, MI • March 22, 2019
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

193

Andrea – pre (age 3)

194

Andrea – progress (age 13)

195

Drew – pre (age 3)
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

Stephen – post (age 18)

Praxis
Requires Practice

Nancy’s favorites
• K-SLP Kits 1 and 2
• Workout Book
• Mutt Family Practice Puzzle
• K&K Sign to Talk

MSHA Annual Conference • East Lansing, MI • March 22, 2019
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

In addition to the K-SLP materials:

• Train sets with many large, easy pieces
• Wind ups, small and large
• Push-down or pull-back toys that shoot forward
• Large slide with a bucket ready to catch items
• Means-ends causality toys

Bin of characters (stuffed animals preferred):

• Winnie, Barney, Minnie, Bugs Bunny, Ernie (ny pivot syllables)
• Sesame Street, Finding Nemo, Toy Story, Frozen, and Paw Patrol characters
• Family characters of different ethnic groups
• Animals, ocean characters

Toy household furniture and playground equipment (slide, swing, chairs, tables, beds, potty, cars, etc)
• Books without words, or with a simple sequence story
• Musical toys that only play for a brief moment
• Magnetics, Colorforms or reusable stickers
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

- Stim Toys. (Koosh balls, wands that spin, squishy toys, play dough, light ups, fidgets)
- Blocks
- Simple board games
- DVD player with remote
- Puzzles that “talk”
- iPad
- Ball toys

References & bibliography

Apraxia Kids. (2005). Key characteristics of childhood apraxia of speech. apraxia-kids.org
Carahaly, L. The Speech-EZ Apraxia Program. speech-ez.com


MSHA Annual Conference • East Lansing, MI • March 22, 2019
Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP

Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment


Hayden, Deborah. PROMPT Method. promptinstitute.com.


Holbrook, S., King, L. & Pelayo, H. (2013). Efficacy of the Kaufman approach in increasing speech output with a low-verbal child with autism spectrum disorder. Presented at the Annual Loma Linda University, School of Allied Health Professions, Department of Communication Sciences and Disorders Graduate Research Symposium, Loma Linda, CA.


Maas, E. (2013). Demystifying the principles of motor learning in speech therapy. [Webinar]. Apraxia Kids, apraxia-kids.com

Eight Behavioral Strategies for Treating Childhood Apraxia of Speech with the K-SLP
Nancy R. Kaufman, MA, CCC-SLP • Kaufman Children’s Center for Speech, Language, Sensory-Motor & Autism Treatment

Rosenfeld-Johnson, S. TalkTools™ Speech Tools. talktools.com