

The Engaged Clinician: Our Behavior Matters

Workshop Activities Workbook

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**This workshop is based on a graduate course created by Katie Strong and facilitated by Katie and Janice Fialka over the past 4 years at Central Michigan University.*

The Dance of Partnership:

How is the family-student-client-professional partnership like a dance?

What complicates the partnership (dance)?

1.

2.

3.

4.

Hidden Lyrics – (private reflection time) – What moved you? Surprised you? What do you want to remember?



Reflection on a partnership

Take a minute to clear your mind. Be still. Notice your breathing. Simply pause.

Think about a current or past partnership with a family . . . a family who feels/felt challenging to you. Maybe at times you feel baffled, worried, or frustrated. Maybe at times you even dreaded working with them. Or maybe you lost sleep thinking about how best to support them. Try not to censor your thoughts as you respond to the prompts. Just let whatever comes to you flow on the paper.

- As you think of this family-client, what are your immediate thoughts?

- What are your feelings or emotions? The family's feelings?

- What is something positive, a strength, a possibility?

- Where do you feel stuck?

- What is the lesson you are re-learning?

Pieces of the Bye: The importance of preparing to say goodbye to Clients and Their Families
By Janice Fialka

My reflections on this "good-bye" or transition . . .

