

# Confessions of a Recovering Over Prompter

HOW TO STOP PROMPTING AND START FOSTERING AUTONOMOUS COMMUNICATION

Confessions of a  
Recovering  
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How to stop prompting and start  
fostering autonomous  
communication

Slides:

[bit.ly/OverPrompter](https://bit.ly/OverPrompter)



IS IT COMMUNICATION?



- Message is initiated by the individual
- The content of the message comes from the individual, NOT the communication partner
- Message is exchanged with a partner
- All forms of communication are acknowledged and accepted
- The choice to not respond is acknowledged and accepted

INSTEAD OF PROMPTING:

 **CONSIDER OTHER ACCESS METHODS**

 **START WHERE THEY ARE**



Write pro communication  
goals & objectives



*Foster healthy communication habits*



**Try open ended communication activities**

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