

## Selective Mutism Training – Answer Key

### Assessment Section

1. Which of the following presentations is consistent with Selective Mutism?  
**Answer: D**
  2. Data suggests SM is linked with:  
**Answer: D**
  3. When differentiating SM from autism spectrum disorder, a key distinguishing feature is:  
**Answer: B**
  4. Which assessment approach is most consistent with best practice for SM?  
**Answer: D**
  5. Avoidance of speaking is maintained primarily by:  
**Answer: C**
  6. Early intervention is important because:  
**Answer: B**
  7. Why is observing the child in a comfortable setting (e.g., via video recording) important in an SM evaluation?  
**Answer: C**
  8. In an uncomfortable setting (e.g., school or clinic), which of the following would be most important to document during a direct observation for Selective Mutism?  
**Answer: D**
  9. When planning evaluation sessions for a child with SM, it is most helpful to:  
**Answer: C**
  10. Which adult behavior most likely reduces accommodation?  
**Answer: A**
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### Treatment Section

1. The primary treatment approach for Selective Mutism is:  
**Answer: C**
2. Which of the following statements about anxiety is MOST accurate?  
**Answer: B**
3. Which of the following statements are consistent with Child-Directed Interaction skills?  
**Answer: E**

4. During a therapy session, a clinician asks Anya, “What’s your favorite subject?” The clinician has given 10 or so seconds for Anya to respond, and repeated the question, but Anya still hasn’t answered. What is the next best choice?

**Answer: A**

5. Which of the following statements is inconsistent with Verbal Directed Interaction skills?

**Answer: A**

6. “Fading in” refers to:

**Answer: B**

7. Which is an example of shaping?

**Answer: B**

8. After a child with Selective Mutism begins to speak consistently in a therapy session, the clinician wants to maintain the behavior without creating dependency on tangible rewards. Which of the following strategies is recommended?

**Answer: C**

9. Which option best reflects evidence-based practice when treating a child with Selective Mutism from a multilingual family?

**Answer: D**

10. The overall goal of treatment is:

**Answer: C**