# Implementing a Client's Narrative Participation Goal in Aphasia Therapy using Telepractice Aphasia Communication Enhancement (ACE) Program Western Michigan University Robin Pollens, MS, CCC-SLP, Anna Larner, BS, Victoria Noack, BS, Stephanie Kimble, BS, Nicole Sadocha, BS

# Poster Presented at the Michigan Speech Language Hearing Association Annual Conference

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This poster demonstrates the process of therapy to facilitate one IwA's (individual with aphasia) goal of creating and orally presenting a personal narrative. The importance of addressing participation goals chosen by the individual client and the rationale for clients developing personal narratives are described with literature support. The client's retrospective description of the goals, treatment methods, and outcomes are also provided, to demonstrate the value of including the client's perspective in a collaborative treatment model. Telepractice was used as the service delivery mode. This treatment model aligned with the values of the *Aphasia Communication Enhancement* (ACE) *Program*, at Western Michigan University, including LPAA (Life Participation Approach to Aphasia) and Relationship-Centered Care.

# Methods Used to Determine Client's Participation Goal

- Assessment for Living with Aphasia (Aphasia Institute of Toronto, 2010)
- Counseling (via Skype) Listening, encouraging expression, and helping translate thoughts into action (Holland & Nelson, 2014)
- Discourse Ratings: (via Skype)- Rating of client's verbal skills across 3 discourse samples (conversational, descriptive, and narrative)

# **Personal Relevance for the Client**

Importance- The students saw it and said: "It's an inspiration, can I give it to someone else?"
Personal Meaning- "I was proud of what I did. It was a lot of work but it's worth it. I set a goal and did it"

Future Aspirations- "My next goal? I'm going to do my presentation at Oakland University"

### Client's Personal Narrative is available on YouTube

https://www.youtube.com/watch?v=z6KWw5hY8J0&feature=youtu.be

### Citations

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