Taking a Closer 'Look' at Receptive Language Skills in Children with Autism Spectrum Disorder: The Benefits of Eye-Gaze Methods

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Plan for Today

- The big picture: autism spectrum disorder (ASD)
- What does it look like to assess receptive language?
 - What challenges do we encounter?
 - How might we address them?
- Another way to measure comprehension: "looking while listening"



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What can eye movements tell us? Looking ahead: clinical implications

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Diagnostic criteria for ASD (299.00) in the DSM 5: What 2 'domains' of behaviors are considered here?

- Social Communication
 - Difficulties with backand-forth conversation, eye contact, facial expressions, gestures
 - Trouble with social initiations and/or responses
 - Difficulties developing and maintaining social relationships

https://www.cdc.gov/ncbddd/autism/hcp-dsm.html

 Repetitive Behaviors and Restricted Interests

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- Repetitive speech
- Insistence on sameness
- Preoccupation with
- unusual objects

 Perseverative interests
- Hyper- or hyporeactivity to sensory input

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Pop Quiz on ASD diagnostic updates! True or False?

 1. Even though the current DSM-5 lists only 2 domains of autism symptoms, the DSM-IV listed 3.

True.

In the DSM-IV: social interaction and communication were listed separately.

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- Now, they are one: "Social Communication."
- DSM-5 domains for autism:
 - Social Communication
 - Restricted interests/Repetitive behaviors

True or False?

 2. Individuals on the autism spectrum may currently be given one of several diagnostic labels, including Asperger syndrome, PDD-NOS, and autistic disorder.



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True or False?

 3. A diagnosis of ASD may include a qualifier of how severe an individual's symptoms are.

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Diagnostic criteria for ASD (299.00) in the DSM 5

- A. Difficulties with Social Communication
- B. Repetitive Behaviors and Restricted Interests
- C. Symptoms present during early development*
- D. Symptoms cause clinically significant* impairment in social, occupational, or other important areas of current functioning
- E. Behaviors are **not better explained by*** intellectual disability or global developmental delay

https://www.cdc.gov/ncbddd/autism/hcp-dsm.html

What do we not see in these criteria?

- Difficulties with language
 - Pragmatics/social use of language? Yes.
 - Receptive & expressive language, vocabulary & grammar? No.
- Even though not part of diagnostic criteria, lots of children with ASD have language delays
 - Early sign of autism
 - Negative impact on social relationships, academic outcomes, quality of life









Assessing receptive language is tricky

 It's not quite as straightforward as assessing spoken language

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What kind of responses do we usually look for?

- Pointing to pictures
- Show me "wrist."
- Following directionsClose the book, give it to
- me, and then stand up Answering questions
- What color was Buddy's blanket?
- Selecting objects from an array
 - Give me the car



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What's going on here?

- Well...he didn't get that item correct
- But why?
 - Because he didn't know what the cup was?
 - Or for some other reason?
- Understanding language doesn't actually involve pointing, giving objects, following directions, or answering questions

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• Those are just the behaviors we use as a sign that comprehension occurred

Assessing receptive language is inherently difficult

- We aren't measuring receptive language/ comprehension directly. We're measuring it indirectly.
- Success requires language knowledge AND the ability to produce prompt, contingent responses





Think-Pair-Share

- What are some of the difficulties you have encountered when attempting to assess language comprehension in children with ASD?
- How have you addressed these difficulties?



Failing to answer correctly could be due to a lack of language knowledge, or to...

Failing to answer correctly could be due to a lack of language knowledge, or to...

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- Limited motivation to do what the examiner says
- Active desire to avoid doing what the examiner says
- Difficulty pointing to pictures
- Inattention, distractability
- Rigidity, difficulty transitioning between activities (e.g., not wanting to give a toy back)
- Dysregulation/over-stimulation
- Anxiety, discomfort in unfamiliar places

Brady et al., 2014, AAC; DiStefano & Kasari, 2016; Kasari et al., 2013, Aut Res

What happens if we don't have an accurate picture of a child's receptive language abilities?

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- Inaccurate evaluation information
- Inaccurate treatment goals
- Difficulty tracking progress during intervention
- Difficulty adapting your treatment strategies





Some strategies we might use

- Involve the parent
- Don't involve the parent
- Move around the room
- Sit at the table
- Use a visual schedule
- Limit distractions
- Use toys and snacks

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- Consider alternatives to finger pointing
- Incorporate movement

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It's challenging when children aren't able to show us what they know

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It may help to tell the parent/caregiver that you realize this is happening

Standardized, examiner-directed assessments have some limitations

- They are socially mediated, by definition
- For many children, they may have low sensitivity (floor effects)
- They have relatively high task demands
- They are based on behaviors that occur after comprehension has actually take place







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- How might we address them?
- Another way to measure comprehension: "looking while listening"









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We asked:

• Can eye gaze in children with ASD provide evidence of their language comprehension?

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- Is this method feasible?
- Is children's real-time language processing associated with their language comprehension?
 - Is this method valid?

Fernald et al., 2006, *Developmental Psychology;* Marchman & Fernald, 2008, *Developmental Science;* Fernald & Marchman, 2012, *Child Development*

Participants

- 34 children with ASD
- 3-6 years old
- Wide range of skills
- Completed:
 - Looking while listening
 - PLS-4 (Auditory Comprehension)









Is children's real-time language processing associated with their language comprehension?

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- Yes! Children with higher accuracy in the LWL task also had higher raw scores on the Auditory Comprehension subtest of the PLS-4 (r = .62, p < .05)
- Processing accuracy was associated with receptive vocabulary 3 years earlier (r = .59, p < .05)

Eye-gaze methods can measure real-time language comprehension in children with ASD
Real-time processing is associated with language comprehension on the PLS-4
Exciting! What next?

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Venker et al., 2013, Autism Research

How powerful is this "looking-while-listening" tool?

- We started out with words the kids probably knew, just to see if it would work.
- But what about words they aren't reported to know?
- Can LWL reveal emerging word understanding?

Participants

Conclusions

- 22 children with ASD
- 2-3 years old
- Wide range of skills
- Completed:
 - Looking while listening
 - Parents filled out the MacArthur Communicative
 Development Inventories

Venker et al., 2016, Journal of Autism and Developmental Disorders

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In the looking-while-listening task, did children show comprehension of words they were reported by their parents not to know?

Yes!



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What does this mean?

 Children with ASD have emerging understanding of certain words, even if they do not consistently demonstrate that knowledge to their parents

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 Looking while listening may reveal emerging lexical knowledge in young children with ASD that might otherwise be overlooked

Venker et al., 2016, Journal of Autism and Developmental Disorders



Some Benefits of Parent/Caregiver Report Measures

- Increased efficiency
 - The child doesn't have to do a thing!
- Increased ecological validity
 - Judged by a familiar person
 - Based on interactions in a natural context

Think of a child you know who doesn't say very many words. Does that child understand the word:

- More?
- Mine?
- Cookie?
- Egg?Uncle?
- Go?
- Bring?
- Splash?
- Tomorrow?

Rocking chair?

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- Morning?
- Why?

Potential Drawbacks of Parent/Caregiver Report Measures

- Vulnerable to inaccuracy
 - Overestimation
 - Underestimation
- Interpreting behaviors in children with ASD is HARD
- It's not common to set up situations that elicit comprehension without cues (e.g., gestures)
- Some words are harder



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Adapting a parent vocabulary checklist to acknowledge the difficulty of the task

 "Please circle whether your child understands, understands and says, or neither understands nor says the following words. For each word, also circle how certain you are about your response."

Book	Understands		Understands and says	>	Neither
Level of Certainty	Very Uncertain	Uncertain	Neutral	Certain	Very Certain
Bowl	Understands		Understands and says		Neither
Level of Certainty	Very Uncertain	Uncertain	Neutral	Certain	Very Certain
Chair	Understands	$\overline{}$	Understands and says		Neither
Level of Certainty	Very Uncertain	Uncertain	Neutral	Certain	Very Certain
Cookie	Understands		Understands and says		Neither
Level of	Very Uncertain	Uncertain	Neutral	Certain	Very Certai

Parent report might align really closely with how children perform in looking while listening

- We just weren't giving parents the chance to report their level of certainty before
- Which might reflect how well the child knows each word



Of course not.

- No measure is perfect!
- Even though looking while listening doesn't require behavioral responses like pointing or answering questions, it is vulnerable to data loss – times when kids aren't looking at the screen or we aren't able to tell where they are looking



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We asked:

Do automatic eye tracking and manual gaze coding produce different rates of data loss?

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Participants

- 51 children with ASD
- 2-3 years old
- Wide range of skills
- Completed:
 - Looking while listening
 - Automatic eye tracking and manual gaze coding were used to measure where kids were looking

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Venker et al., 2016, Journal of Autism and Developmental Disorders



What did we find?

- Do automatic eye tracking and manual gaze coding produce different rates of data loss?
- Yes.
- Manual coding produced more usable trials and more information per trial
- It also excluded fewer children than automatic eye tracking*



Conclusions

- Each system has advantages
- Manual coding limits missing data
- Goal: to improve eye tracking technology in research and clinical settings
 - Ensure that all children are able to use this technology

There are things we can do to improve attention and limit data loss

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- Ahead of time
- During the task























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- Another way to measure comprehension: "looking while listening"
- What can eye movements tell us?



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1. We've learned a lot about noun comprehension. What about verbs?

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- Verbs can be hard to learn
- What do children with ASD know about verbs?
- Do they use information in verbs to think ahead?









What does this tell us?Children with ASD can use information in verbs to

- Children with ASD can use information in verbs to think ahead
 - Similar patterns of comprehension to children with typical development

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 Suggests a benefit of providing semantically rich language input (children are using it!)





Book	Understands		Understands and says	Neither		
Level of Certainty	Very Uncertain	Uncertain	Neutral	Certain	Very Certain	
Bowl	Understands		Understands and says		Neither	
Level of Certainty	Very Uncertain	Uncertain	Neutral	Certain	Very Certain	
Chair	Understands		Understands and says		Neither	
Level of Certainty	Very Uncertain	Uncertain	Neutral	Certain	Very Certain	
Cookie	Understands		Understands and says	Neither		
Level of Certainty	Very Uncertain	Uncertain	Neutral	Certain	Very Certain	



3. How can looking while listening show us about the earliest stages of word learning?

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Video

What could this tell us?

- Not that we're going to teach kids made-up words I
- Implications for treatment strategies for building on the child's interests, following into the child's focus of attention, not directing them elsewhere

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- May help provide a foundation for word learning
 - Start with words for things they care about
 These words are used as the start of the st
 - These words may also be more motivating for children to say

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- Another way to measure comprehension: "looking while listening"
- What can eye movements tell us?
- Looking ahead: clinical implications



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Clinical Implications

Simplified language input

Adaptations of standardized assessments

Late talkers

AAC displays





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Eye tracking and AAC

- Clustering produced faster fixations to the target AND fewer fixations on non-targets
- Seemingly minor display changes can reliably affect how quickly the AAC user is able to select the target
- Quicker looks to the target symbol were associated with quicker behavioral responses

ilkinson et al., 2014, JSLHR



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Might it be possible to translate standardized assessments to an eye tracking interface?

 Looked at: "Feasibility of using eye tracking research technology as a method for measuring spoken word comprehension in children with ASD who are minimally verbal."

Brady et al., 2014, AAC



How did the children do? Generally, it worked Children with ASD (and TD) looked longer at target than non-target pictures for KNOWN words There were no sig diff in looking at target vs. non-target pictures for UNKNOWN words

What does this mean?

- "...a child may look at a named item even if they are not sure enough of its meaning to point to it."
- "...a first step in a line of research aimed at providing researchers and clinicians with a method to utilize alternative responses, such as eye gaze, to indicate implicit understanding by some children with ASD..."

Brady et al., 2014, AAC

Examining the effects of different types of simplified language input

How do children comprehend different types of simplified language input?

TWO TYPES OF SIMPLIFIED INPUT					
Telegraphic input	Grammatical simplified input				
	Shorter	Longer			
See car.	Car.	See the car.			
More toy?	Toys?	More toys?			
Put in box.	In the box.	Put it in the box.			
My turn bubbles.	My turn.	It's my turn for bubbles.			
Doggie run.	Run.	The doggie's running.			
Tractor in barn.	In the barn.	The tractor's in the barn.			
Open door.	Open.	Open the door.			
Give cup daddy.	Give it to Daddy.	Give the cup to Daddy.			
Mommy feed baby.	Feed the baby.	Mommy's feeding the baby.			



Examining the effects of different types of simplified language input

 Looking while listening allows us to see things we'll never be able to directly observe in intervention

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• And translate that information to consider in clinical practice



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Think-Pair-Share

- What are some clinical questions that could be answered using the looking-while-listening approach?
- We have this tool: how could we use it to learn how best to help these children?
 - What other ways could you set up the words and pictures? Make it more naturalistic? Other populations? Other implications?

Looking Ahead: What's Next?

- Evaluation, progress monitoring?
- Eye-tracking glasses for natural settings?
- Book reading
- Selection of treatment targets?

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