

## **Beyond Memory Books: Maintaining function in dementia with written cues**

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Observations:

**F. Reading Screening** (Based on Memory Book): Pass Fail **Level:** Full sentence Short phrase Single word

**G. Spaced-Retrieval Screening:** Pass Fail

Observations:

**PART 2: RESIDENT OBSERVATION**

**A. Social Communication Observation** (direct or from staff):

Resident communicates wants & needs in various settings	Able	Requires assistance	Not able
Resident makes likes/dislikes known	Able	Requires assistance	Not able
Resident converses with staff	Able	Requires assistance	Not able
Resident initiates conversations with others	Able	Requires assistance	Not able

**B. Presence Of Problem Behaviors:**

Behavior	According To	Description (including time of day)

**C. Swallowing:**

Presence of dysphagia Yes No If applicable: Oral Pharyngeal Esophageal

Date of most recent evaluation: \_\_\_\_\_

Alternative Means for nutrition/hydration: Yes No If yes: \_\_\_\_\_

**Current Diet: (Circle)**

Regular diet	Thin liquids	Sips from cup
Mechanical Soft	Nectar thick	No straw
Puree	Honey thick	Cueing required
Clear liquids	No liquids	Other:
Full liquids	NPO	

**D. Activities of Daily Living – Assistance requirements**

	Independent	Cane	Walker	Wheelchair
Mobility	Independent	Cane	Walker	Wheelchair
Meals/Eating	Independent	Minimal assistance	Moderate assistance	Dependent
Grooming	Independent	Minimal assistance	Moderate assistance	Dependent
Dressing	Independent	Minimal assistance	Moderate assistance	Dependent
Toileting	Independent	Minimal assistance	Moderate assistance	Dependent

# Functional Goals Screening Protocol: Community Clients with Dementia

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Name: \_\_\_\_\_ Date of Screening: \_\_\_\_\_  
 Medical Diagnosis: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

## PART 1: CLIENT INTERVIEW

### A. Personal Information

Family	Occupation
Lives with:	Hobbies
Friends	Activities
Preferences	Dislikes

Premorbid Basic Reading Ability Yes No Unable to answer  
 Premorbid Basic Writing Ability Yes No Unable to answer  
 Wears Hearing Aid Yes No  
 Wears glasses Yes No For some activities  
 Other languages spoken Yes No Other: \_\_\_\_\_

**B. MMSE Score:** \_\_\_\_\_ Mild=20-23; Moderate=17-19; Severe= <17  
 Strengths: \_\_\_\_\_ Weaknesses: \_\_\_\_\_

### C. Conversational Sample:

Tell me about your family (or what you did for a living):


<i>Discourse features</i>	<i>Present</i>	<i>Absent</i>	<i>No opportunity</i>
Takes turns	_____	_____	_____
Relinquishes turn	_____	_____	_____
Maintains topic	_____	_____	_____
Initiates new topic	_____	_____	_____
Transitions from topic	_____	_____	_____
Requests clarification	_____	_____	_____
Clarifies	_____	_____	_____

### D. Orientation to Environment:

Show me where the bathroom is? Able Requires assistance (Mild Mod Max) Not able  
 Show me where your telephone is? Able Requires assistance (Mild Mod Max) Not able  
 Show me where I can get a glass of water? Able Requires assistance (Mild Mod Max) Not able

### E. Auditory and Tactile Behaviors:

Is attentive when others are talking? Yes No Holds, squeezes, manipulates objects? Yes No  
 Is bothered by noises (radio, tv)? Yes No Rubs, smooths, explores surface with hands? Yes No  
 Is attentive to or participates in music, singing? Yes No Hits, bangs, slaps objects or surfaces? Yes No

### F. Visual and Functional Reading Behaviors: (Use newspaper, magazine, other written materials in the home)

Prompt client to "Tell me something interesting from this paper (magazine, mail, etc.)"

Does client read aloud from the materials? Yes No  
 Does client make comments about the topic? Yes No  
 Does client engage others with the materials (ask questions, point)? Yes No  
 Does client turn pages to find another topic? Yes No  
 Does client notice objects in the near/far distance? Yes No

<i>Observations:</i>

**G. Reading Screening** (Bourgeois, 1992): Print: Small \_\_\_/24 correct Large \_\_\_/24 correct

Observations:

**H. Spaced-Retrieval Screening** (Camp et al. 1998): Immediate 30 sec 60 sec Pass Fail  
Repeat after me (short statement):

Observations:

**PART 2: CLIENT OBSERVATION**

**A. Social Communication Observation** (direct or from caregiver):

Client communicates wants & needs in various settings	Able	Requires assistance	Not able
Client makes likes/dislikes known	Able	Requires assistance	Not able
Client converses with others	Able	Requires assistance	Not able
Client initiates conversations with others	Able	Requires assistance	Not able

**B. Presence Of Problem Behaviors:**

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Date of most recent evaluation: \_\_\_\_\_  
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Toileting	Independent	Minimal assistance	Moderate assistance	Dependent

# Personal Wants, Needs, & Safety Assessment Form

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<b>Assessing the Wants, Needs, Safety of:</b> _____ <b>(name)</b>	
<b>Environment: Home Hospital Assisted Living Nursing Home (circle one)</b>	
<b>Wants: The expression of personal preferences, likes and dislikes</b>	
<b>Likes:</b>   	<b>Dislikes:</b>   
<b>Needs: The satisfaction of physical comforts and emotional needs</b>	
<b>Physical:</b>   <b>Pain:</b>	<b>Emotional:</b>   
<b>Safety: The prevention of harm to one's self or others</b>	
<b>Medication:</b>     <b>Falls prevention:</b>     <b>Eating:</b>     <b>Personal hygiene:</b>     	
<b>Environmental constraints:</b>   	
<b>Emergency Contacts:</b>   	

## Reminder Cards: Using Written Cues in the Home and Nursing Home

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When a question is repeated a few seconds after you have just answered it, a **Reminder Card** may help to keep the information in mind. Follow these easy steps for successful remembering:

1. State the answer to the question or concern.
2. Write the answer on an index card or notepad.
3. Read the card aloud with the person and give it to him/her.
4. When the question is repeated, **DO NOT** say the answer, **INSTEAD** say, "Read the card."
5. Do this each time the question is repeated.

### Examples:

- Q. When am I going to the store?  
A. **I am going to the store after lunch.** (write this on the card)
- Q. Where are we going?  
A. **We are going to church.** (write this on the card)
- Q. Where is my paycheck?  
A. **My money is safe in the bank.** (write this on the card)

### Helpful Hints:

#### **Print a clear message**

Use large print; Use a few, simple, positive words

#### **Make the message personal**

Use personal pronouns (I, my, we) in the message

#### **Read the message aloud**

If there are reading errors, change the message